

West Bengal AYUSH Samity  
Registration No. S/M/1901 of 2014-15  
Health & Family Welfare Deptt.  
Swasthya Bhawan  
GN-29, Sector V, Salt Lake City  
Kolkata-700091

Memo. No: 209 /HF/AYUSH/Samity-24/19 (Pt-I)

Date: 21.06.2021

From: Joint Secretary &  
Addl. Executive Director  
West Bengal AYUSH Samity

To: Chief Medical Officer of Health  
District Health & Family Welfare Samity  
Bankura/Birbhum/Rampurhat HD/ Coochbehar/Darjeeling/Hooghly/Howrah/Jhargram/ Malda/Murshidabad/  
Nadia/North 24 Parganas/Basirhat HD/ Paschim Medinipur/ Purba -Medinipur/Purulia/ South 24 Parganas/  
Diamond Harbour HD and Uttar Dinajpur

**Sub: Online Cascading Training of Medical Officers in connection with AYUSH HWCs**

Sir/Madam,

This is with reference to the subject cited above. To, operationalize AYUSH Health & Wellness Centre (HWC) a 3 days online training scheduled from 23<sup>rd</sup> June to 25<sup>th</sup> June, 2021 for Medical Officers attached to AYUSH HWCs in your district.

The training programme will be organized as per the schedule at Annexure-I.

List of the 80 AYUSH HWCs are as follows:

List of AYUSH HWC (Year 2020-21)		
Sl. No.	Name of the District	Name & location of Dispensary/Sub-Centre proposed for upgradation
1	Bankura	SAD at Narraha PHC
2	Bankura	SAD Gunnath at Gunnath PHC
3	Bankura	SAD Amjhuri at Hirbandh Panchayat Samiti Office
4	Bankura	SAD Bamuntore
5	Bankura	SAD Onda at Ramsagar PHC
6	Bankura	SAD at Hatibari PHC
7	Bankura	SAD at Krishnapur PHC
8	Bishnupur HD	SAD Indus at Akui new PHC
9	Bishnupur HD	SAD Joypur at Hijaldiha PHC
10	Bishnupur HD	SAD Patrasayer at Kushadwip PHC
11	Birbhum	SAD Kendubilla at Joydeb Kendubilla Panchayat Office
12	Birbhum	SAD Bolpur at UPHC-I, Dharmarajatala
13	Birbhum	SAD MD BAZAR at Bhutra GP Office
14	Birbhum	Nanoor SAD
15	Rampurhat HD	SAD Nalhathi at Kaitha PHC
16	Coochbehar	SAD at CHILKIRHAT PHC
17	Coochbehar	SAD SALBARI at Salbari PHC
18	Coochbehar	SAD at NISHIGANJ PHC
19	Coochbehar	SAD PHULESWARI at Putimari Fuleswari PHC
20	Coochbehar	SAD Dinhata at Okrabari PHC
21	Darjeeling	SAD Bagdogra at Bagdogra PHC
22	Hooghly	SAD Arambagh

**List of AYUSH HWC (Year 2020-21)**

Sl. No.	Name of the District	Name & location of Dispensary/Sub-Centre proposed for upgradation
23	Hooghly	SAD Pursurah
24	Hooghly	SAD Chinsurah
25	Hooghly	SAD Goghat-II at Bengai GP Office
26	Hooghly	SAD Tarakeswar at Lokenath
27	Hooghly	SAD Balagarh at Balagarh PHC , SAD Balagarh
28	Hooghly	SAD Dhaniyakhali at Porabazar PHC
29	Hooghly	SAD Goghat - I at Goghat PHC
30	Howrah	Panchla SAD at Deulpur PHC
31	Howrah	SAD Amta,AMTA,HOWRAH,
32	Howrah	SAD Bally Jagacha,Nischinda,I,Bally
33	Howrah	SAD Nabagram ,Ramchandrapur rd.Nabagram GP,Shyampur-I
34	Jhargram	SAD jamboni at Kapgari PHC, Kapgari, Jhargram
35	Jhargram	SAD Gopiballavpur-II, at-Ramchandrapur PHC,at- Kharbandhi
36	Jhargram	SAD Kharikamathani,at-Baligeria PHC
37	Malda	SAD Mliki at Chandipur PHC,
38	Malda	SAD Manikchak at Mathurapur PHC
39	Malda	SAD Harishchandrapur at Bhingole PHC
40	Malda	S.A.D. Hardamnagar at Daulatnagar GP
41	Malda	SAD Bamongola at Muchia PHC
42	Murshidabad	SAD at Fulpur PHC
43	Murshidabad	SAD Bharatpur at Kagram PHC
44	Murshidabad	SAD Andulberia at Andulberia Joynagar PHC, Vill-Andulberia
45	Murshidabad	SAD Raghunathganj at Barala PHC
46	Murshidabad	SAD Saidabad
47	Nadia	SAD Chakdaha at Sutargachi PHC
48	Nadia	SAD Kalyani
49	Nadia	SAD at Chakghurni PHC
50	Nadia	SAD at Badkulla PHC
51	Nadia	SAD at Srimayapur PHC
52	Nadia	SAD Kaliganj at Mira PHC
53	Nadia	SAD Aranghata at Duttaphulia PHC
54	North 24 Parganas	Rajarhat SAD at Reckjoani BPHC
55	North 24 Parganas	Bongaon SAD,Chakdah Bongaon rd,Gopalnagar
56	North 24 Parganas	Palta SAD at Muragacha PHC
57	North 24 Parganas	Barasat SAD at Kadambagachi PHC
58	Basirhat HD	Basirhat SAD,S BRd,Basirhat,
59	Basirhat HD	Baduria SAD at Baduria BPHC
60	Paschim Medinipur	SAD Garbeta at Sallboni Charitable PHC, Vill. Salboni
61	Paschim Medinipur	SAD Daspur at Sekendary PHC
62	Purba Medinipur	SAD Patashpur-II
63	Purulia	SAD Hura
64	Purulia	SAD Bandwan LATAPARA PHC, P.O. LATAPARA
65	Purulia	SAD Beko at AGARDIHI PHC, SAD, P.O. BEKO
66	Purulia	SAD Jhalda at MAHATAMARA PHC, P.O. MAHATAMARA

List of AYUSH HWC (Year 2020-21)		
Sl. No.	Name of the District	Name & location of Dispensary/Sub-Centre proposed for upgradation
67	Purulia	SAD PUNCHA SAD at BAGDA PHC
68	Purulia	SAD Balarampur at-BABUDERGRAM PHC, SAD
69	Purulia	SAD Manbazar at DIGHI PHC,P.O.DIGHI
70	Purulia	SAD ARSHA AT KANTADIH PHC, P.O. PUARA
71	Purulia	SAD NETURIA AT BARTORIA PHC, P.O. BARATORIA
72	Purulia	SAD BAGMUNDI AT KORENG PHC P.O. Kareng
73	Purulia	SAD KASHIPUR at KASJURI PHC, P.O. Kasjuri
74	Purulia	SAD Para FUSRABAID PHC, SAD, P.O. ANARA
75	South 24 Parganas	SAD RAGHUNATHPUR at Birajlakshi PHC
76	South 24 Parganas	SAD BASANTI at MAHESHPUR PHC, BASANTI, CANNING
77	Diamond Harbour HD	SAD LAKSMIKANTAPUR at JADAVPUR PHC, Mathurapur-II
78	Diamond Harbour HD	SAD Diamond Harbour at Bardrone PHC
79	Diamond Harbour HD	SAD MAGRAHAT at GOKORNI PHC. MAGRAHAT-I I
80	Uttar Dinajpur	SAD Goalpokher I at Sreepur,PO-Jharbari,PS-Goalpokher I

Therefore, you are being requested to allow the master trainers and AYUSH MOs of the above said HWCs to participate in the said training to be held from 23<sup>rd</sup> to 25<sup>th</sup> June, 2021.

Please issue necessary instruction at the earliest.

Yours faithfully,

*K. K. Ghosh*  
21/6/21  
Joint Secretary &  
Addl. Executive Director  
West Bengal AYUSH Samity

Memo. No: 209 /HF/AYUSH/Samity-24/19 (Pt-I)/1(7)

Date: 21.06.2021

Copy forwarded for information and necessary action please to:

1. DMO (AYUSH)- Bankura/Birbhum/ Coochbehar/Darjeeling/Hooghly/Howrah/Jhargram/ Malda/ Murshidabad/ Nadia/North 24 Parganas/ Paschim Medinipur/ Purba -Medinipur/Purulia/ South 24 Parganas and Uttar Dinajpur – may participate in the training to be held from 23<sup>rd</sup> to 25<sup>th</sup> June, 2021
2. All Master Trainers- Dr. Ashis Kumar Ghosh/ Dr. Arun Kumar Sarkar/ Dr. Ahmed Ali Ansari/ Dr. Arghya Mukherjee/ Dr. Sashi Sekhar Sitansu/ Dr. Tapasi Bala/Dr. Tito Biswas
3. Consultant (Finance), West Bengal AYUSH Samity, Swasthya Bhawan
4. Consultant (Programme Monitoring), West Bengal AYUSH Samity, Swasthya Bhawan
5. The System Coordinator, IT Cell, Swasthya Bhawan
6. PA to Addl. Secretary & DG, AYUSH
7. Office Copy

*K. K. Ghosh*  
21/6/21  
Joint Secretary &  
Addl. Executive Director  
West Bengal AYUSH Samity

**Schedule for online training of MOs cum CHOs from 23<sup>rd</sup> June to 25<sup>th</sup> June, 2021**

**DAY1: 23.06.2021**

10.30 am -11.00 am: *Inaugural Session*

TIME	TOPIC	SPEAKER
11.00 am-11:30am	Overview of National AYUSH Mission and the training Programme	Dr. Ashis Kumar Ghosh, DMO (AYUSH), Howrah
11.30 am -12.30 pm	Overview of AYUSH HWC	Dr. Ahmed Ali Ansari, SAMO, Jhargram
12.30 pm -01.30 pm	Budgetary provision for HWC	Dr. Arun Kumar Sarkar DMO (AYUSH), Bankura
01.30 pm -02.00 pm	<i>Lunch break</i>	
02.00 pm -02.45 pm	Herbal garden and home remedies	Dr. Tapasi Bala, SAMO, North 24 Parganas
02.45 pm -03.30 pm	Prakriti assessment and tools	Dr. Arghya Mukherjee, SAMO, Purulia
03.30 pm -04.15 pm	AYUSH for minor ailments including first Aid	Dr. Tito Biswas, HMO, Malda
04.15 pm -05.00 pm	NCDs and CDs:- Prevention, Control Screening etc.	Dr. Sashi Sekhar Sitansu, HMO, Jalpaiguri
05.00 pm -05.30 pm	Discussion	All Master Trainers

**DAY2: 24.06.2021**

TIME	TOPIC	SPEAKER
10.30 am -11.15 am	PLP Guidelines for Upgraded AYUSH dispensary	Dr. Ashis Kumar Ghosh, DMO (AYUSH), Howrah
11.15am -12:00 pm	Monitoring Indicators and methodology	Dr. Ahmed Ali Ansari, SAMO, Jhargram
12.00 pm-12.45 pm	Common Ophthalmic, ENT disorders	Dr. Tapasi Bala, SAMO, North 24 Parganas
12.45pm - 01.30pm	Ayurveda Lifestyle , diet etc.	Dr. Arghya Mukherjee, SAMO, Purulia
01.30 pm -02.00 pm	<i>Lunch Break</i>	
02.00 pm -02.45 pm	Maternal health-,Reproductive health, Ante -Intra-Post Natal care	Dr. Tapasi Bala, SAMO, North 24 Parganas
02.45 pm -03.30 pm	Dental health	Dr. Tito Biswas, HMO, Malda
03.30 pm -04.15 pm	Mental health	Dr. Arghya Mukherjee, SAMO, Purulia
04.15 pm -05.00 pm	Geriatric care	Dr. Arun Kumar Sarkar DMO (AYUSH), Bankura
05.00 pm -05.30 pm	Discussion	All Master Trainers

DAY3: 25.06.2021

TIME	TOPIC	SPEAKER
10.30am-11.15 am	Role of DMO & SAMOs in AYUSH HWC as Trainer	Dr. Ashis Kumar Ghosh, DMO (AYUSH), Howrah
11.15am-12.00 pm	It Services And Reporting	Dr. Sashi Sekhar Sitansu, HMO, Jalpaiguri
12.00pm -12.45 pm	Yoga services	Dr. Arghya Mukherjee, SAMO, Purulia
12.45pm -01.30 pm	Integration with mainstream & Role of ANM/ASHA	Dr. Arun Kumar Sarkar DMO (AYUSH), Bankura
01.30pm-02:00pm	<i>Lunch Break</i>	
02.00 pm-02.45pm	Infant child & Adolescent health care	Dr. Tapasi Bala, SAMO, North 24 Parganas
02.45 pm-03:30pm	Discussions and Valedictory Session	