



Ministry of Health & Family Welfare
Government of India

Novel Coronavirus

ADVICE for travellers returning from China

All you need to know to protect yourself and your family

An outbreak of Novel Coronavirus is on-going in China and exported cases have been reported from other countries internationally. Coronaviruses cause illness ranging from common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS)-CoV and Severe Acute Respiratory Syndrome (SARS-CoV).

What are the Common Symptoms?



Cough



Fever



Difficulty in breathing

How to protect yourself and others from getting sick?

If you have recently travelled to China (within last 14 days) or had possible contact with an nCoV infected person, it is advised to:

- **Stay in home isolation for 14 days after your return**
 1. Sleep in a separate room
 2. Limit contact with other family members and avoid visitors
- Cover nose and mouth when coughing and sneezing
- Avoid close contact with anyone with cold or flu like symptoms (maintain a distance of at least 1 meter from any individual)



Help us to
help you

(+91-11-23978046) - 24*7 Union Health Ministry
Call Centre/Helpline for any technical query on #nCoV