

**Government of West Bengal**  
**Health & family Welfare Department**  
**Swasthya Bhawan, Block GN-29, Sector V**  
**Salt Lake City, Kolkata – 91**

**Memo No: HPH/10P-03/2018/571**

**Dated: 30.07.2020**

**To**

**The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital**  
**The Chief Medical officer of Health (All District and Health District, West Bengal)**  
**The Superintendents (All Covid Hospitals, West Bengal)**  
**The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)**

**Sub: Advisory on Case Management for COVID – 19 Patients**

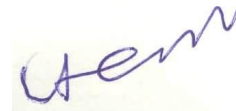
The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. Very mild symptomatic cases and pre-symptomatic or asymptomatic laboratory confirmed cases as clinically assigned by the treating medical officer can opt for home isolation. They should have adequate facility at their residence for self-isolation and also for quarantine of the family contacts. A care giver should be available at their residence to provide care on 24 x7 basis
2. Increased D-Dimer, P-Time, APTT are markers of Hypercoagulability/ DIC and bad prognosis.
3. Low Molecular Weight Heparin e.g. Enoxaparin 1mg/kg/day subcutaneously to be advised in patients moderate/severe disease. Therapeutic dose to be considered in patients with very high D-dimer levels / obvious thromboembolism.
4. Convalescent plasma therapy may be considered in patients with moderate disease who are not improving (oxygen requirement is progressively increasing) despite use of steroids.

These recommendations, if properly practised, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



**Director of Medical Education**  
**Government of West Bengal**  
**Memo No: HPH/10P-03/2018/571(7)/1**



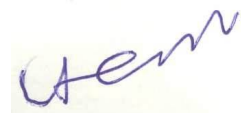
**Director of Health Services**  
**Government of West Bengal**  
**Dated: 30.07.2020**

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The MSVP (All Medical Colleges)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



**Director of Medical Education**  
**Government of West Bengal**



**Director of Health Services**  
**Government of West Bengal**